

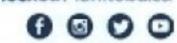
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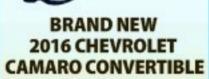


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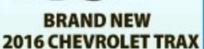
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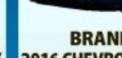


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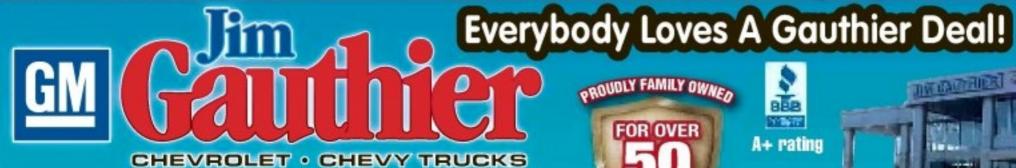
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University pilots safe gym hours

ATHLETICS

LGTBQ, female students given private workout time



Braeden Jones Metro | Winnipeg

Female and genderqueer students who feel uncomfortable during crowded open gym hours will have exclusive rights to their own workout time at the University of Winnipeg next fall.

Following a survey conducted by the University of Winnipeg Student Association (UWSA), the U of W is going ahead with a pilot project that will block off gym hours for students who may be underutilizing fitness facilities.

Director of Recreation Facilities and Services Dean Melvie said the pilot — currently in an assessment phase as feedback is being gathered - is in part motivated by an obvious discrepancy between the school population and usage numbers.

"Statistics are important," he said. "When you take into account the university has an overall female population of around 70 per cent (and) our numbers on actual (gym) usage say female participation is about 40 per cent... there's a gap there."

The UWSA's fall survey of 700 students found 50 per cent of female respondents indicated "discomfort" in using the school's Bill Wedlake fitness centre.

"To us there is some merit (to the pilot) if females don't neces-



Student Kaelei Daniels works out at the University of Winnipeg gym on Thursday. The pilot is coming into effect to alleviate concerns of women and LGBTQ students who say they don't feel comfortable working out in crowded open gyms. LYLE STAFFORD/FOR METRO

sarily perceive the place as being inviting, they don't feel comfortable in the space," he said. "That's really the issue... when a portion of our population isn't using the facility, we ask 'Why, is there anything we can do to address this discrepancy?"



To us there is some merit if females don't necessarily perceive the place as being inviting, they don't feel comfortable in the Space. Dean Melvie

Melvie is currently circulating a general customer satisfaction survey to all gym members to bolster the evidence gathered in the UWSA survey and gather feedback.

He's also developing a new code of conduct for all recrea-

tion participants, which will be released in spring 2017, and said facility staff will be trained with updated sexual misconduct protocol, too.

Environmental adjustments such as plain language posters outlining prohibited behaviour like sexual harassment are another part of addressing the discrepancy, Melvie said.

He understands that not every student agrees with designated gym hours for specific groups, but said the point of piloting the concept is determining if it works for the university and helps address the problem.

"We're also aware of discussions going on at other universities, we're not the first campus to deal with this issue, there are others who have put inclusive hours into place," he said.

Major institutions including Ryerson University, Simon Fraser University, University of Windsor, University of Toronto, and University of Ottawa have all implemented specified hours and programming for female

"Each university is different, our campus is unique in that it's downtown, our population is unique... we just need to find a balance that works for us to bring new users into the space without being too much of an inconvenience on the users currently," he said, adding extended hours "could be on the table," but nothing will be finalized until feedback is examined.

"We need to talk about our options, we're not at the point where we can talk about details yet, but we have the concept," he said.



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Craig Street Cats executive director Lynne Scott. METRO FILE

Closure threat for Craig Street Cats

Non-profit is on borrowed time, requires influx of donations



Braeden Jones Metro Winnipeg

Cats might have nine lives, but Lynne Scott only has just one, and she's spent much of it trying to help the city's forgotten felines.

This year, 2017, marks a decade since she started helping feral cats - first out of her own home and ever since through her non-profit feral cat colony management project, Craig Street Cats. But barring a sudden surge of donations, Craig Street Cats could close this year. "Right now we are treading water, running with a skeleton staff," Scott said.

Craig Street Cats is the city's only comprehensive feral cat colony management project, trapping, neutering and returning unsocialized cats, holding socialized

cats and kittens for adoption, and providing free roaming cats winter shelter from the bitter cold.

The cat welfare organization also maintains a list of pet-friendly housing, offers a kitten foster program and neonatal kitten nursery.

Scott said she has some "wonderful volunteers," giving "ridiculous hours" to the cause,

If you don't raise

30 per cent of your

annual budget in

December, you're

Lynne Scott

but the issue threatening her operations "boils down to money." Craig Street Cats does not receive city funding, nor does it have a major endowment.

"It costs a tremendous amount of money to run our programs," she said, peg-

ging monthly bills at around \$30,000. "Without that money, the programs will cease to exist."

This isn't the first time things have been hard for Scott. She's used to feeling the crunch as she has always been "totally dependent on giving," but a lack of donations over the holiday season has things more dire than ever.

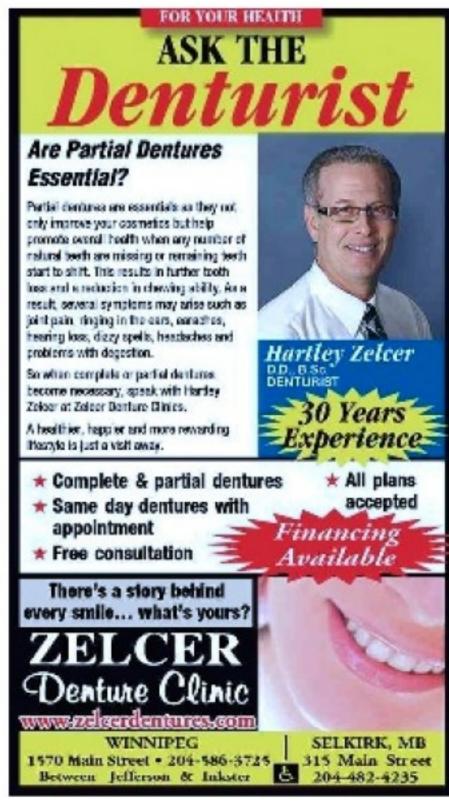
"Christmas giving was down by 60 per cent, which makes life very difficult; (most) non-profits count on Christmas giving to get through winter," she explained. "If you don't raise 30 per cent of your annual budget in December, you're dead in the water."

> Craig Street Cats missed that goal, so Scott is issuing an earnest plea for people to come aboard as monthly donors or contribute in some way.

dead in the water. "This is not the first time we've had to make this ap-

peal," she said. "But without reliable support, this will very likely be the last year for Craig Street Cats." She said the easiest way to help is to visit the Craig Street Cats website and sign up for a monthly pledge, or by dropping off post-dated cheques.







5 things to do this weekend

You can bust out the acid wash jeans and browse wedding gowns in one weekend. MICHELLE BAILEY FOR METRO

Art+Soul: **Beyond Tomorrow**

Step into the future at this year's annual event at the Winnipeg Art Gallery Saturday, Jan. 21 from 8 p.m. to 2 a.m. General tickets are \$50 and are still available. Get creative with your outfit to match the futuristic theme. Explore exhibitions, grab a cocktail, and dance up a storm on one of the many dance floors. All proceeds support the WAG. Visit wag.ca for more information..

Snake charming

Wrestling fans from the '90s will likely remember WWE Hall of Famer Jake "The Snake" Roberts and his trademark reptile. Roberts is bringing his "The Unspoken Word Tour" to the Park Theatre, 698 Osborne St. on Friday, Jan. 20. Doors open at 7:30 p.m. and the show starts at 8 p.m. Roberts is teaming up with friend, comedian Alex Ansel, to unleash stories about being on the road and pranks he would play on his opponents. Tickets are \$25 and are available online at MyParkTheatre.com.



CONTRIBUTED



Music magic

In Soundtracks Live! Canadian born conductor Ryan Shore and the Winnipeg Symphony Orchestra will deliver the best scores from recent movies Friday, Jan. 20 (8 p.m.), Saturday, Jan. 21 (8 p.m.) and Sunday, Jan. 22 (2 p.m.). The show includes music from Star Wars: The Force Awakens (John Williams), The Hateful Eight (Ennio Morricone) and Zootopia (Michael Giacchino). Tickets start at \$25 and are available online at wso.ca or at the Centennial Concert Hall box office.



THE ASSOCIATED PRESS

Wedding bells

The 27th annual Wonderful Wedding Show is taking place Saturday, Jan. 21 and Sunday, Jan. 22 at the RBC Convention Centre, 375 York Ave. The show features Winnipeg's leading wedding professionals, with over 300 displays and 10,000 square-feet of the latest wedding fashions and trends, products and services. One lucky couple will be entered to win a dream wedding. The show runs from 10 a.m. to 6 p.m. both days.



LEO CORREA/THE ASSOCIATED PRESS

Rock out

The Handsome Daughter brings you Rock 'n' Roulette Friday, Jan. 20. Doors open at 9 p.m. show starts at 10 p.m. \$10 for admission. Listen to cover bands play hair metal rock that will take you back to the '80s. Caution: This may have you wanting to run out, get a perm and wear acid wash jeans.



TORSTAR NEWS SERVICE

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DEVELOPMENT

Design work on rec hub to get underway



Stephanie Taylor Metro | Winnipeg

It's an empty field now, but planning will soon ramp up for a development one councillor calls "something like we've never seen before in Winnipeg."

Janice Lukes, is the area councillor for Waverley West, a massive suburb on the outskirts of the city. She hopes the neighbourhood will one day house a new regional recreational hub, complete with a community centre, sports fields, transit service, and library – and that's just the beginning.

Dubbed the South Winnipeg recreation campus, the project is slated for a 33-acre parcel of land along Kenaston Boulevard, adjacent to the future site of two new schools.

Recently, the city began its search for a consultant to come up with a conceptual design for the first-of-its-kind project. "There's nothing like this in the city. Nothing like this," Lukes said in a recent interview.

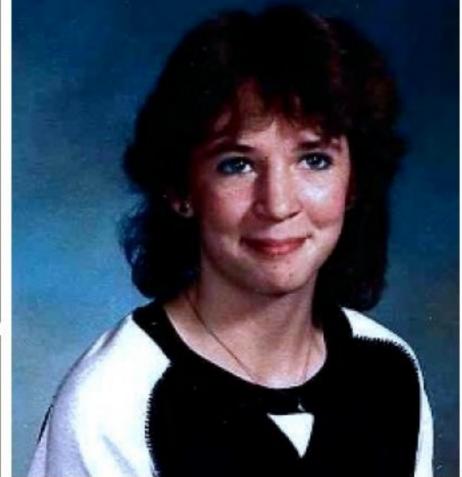
"Everyone is very aware of the shortage of recreation facilities out here. Everyone out here is paying high taxes," Lukes said.

The city has budgeted \$350,000 for the study and \$3.8 million for land acquisition. The consultant will have to analyze the feasibility of building a wide range of indoor and outdoor amenities, from a senior's centre and multiple arenas, to a swimming

pool and spaces for a community kitchen and daycare.

Lukes said residents will have the chance to say what they want to see on the site in three open houses, with the first one anticipated for spring.

As for the cost, the consultant will return with an estimate. That's when Lukes says she will begin shopping the project around to the province and feds, as well as to organizations like the YMCA-YWCA Winnipeg, for funding and partnerships.



Candace Derksen THE CANADIAN PRESS/WINNIPEG FREE PRESS/FILES

DNA tests questioned

RETRIA

Mark Grant's defence suggests another may have killed girl

Defence lawyers for a man accused of second-degree murder in a teenage girl's death in Winnipeg more than 30 years ago have questions about DNA evidence.

Mark Grant is being retried in the slaying of Candace Derksen, who disappeared on her way home from school in November 1984 and was found frozen to death in a shed about six weeks later.

A former police crime analyst told court that early tests done in 1996 found unidentified male DNA on some gum.

John Burchill testified that more advanced DNA tests in the early 2000s found two different male DNA profiles on the gum.

Burchill said he requested testing on other items, such as the 13-year-old girl's jeans, jacket and gloves, hair, and twine used to bind her, hoping to find a new lead.

Under cross-examination, Burchill was questioned by the defence about how many people may have handled the evidence and how it was sealed while being stored.

The twine and hair were retested by an Ontario lab in 2007 and Grant was charged in May of that year.

Several additional DNA experts are slated to testify during the trial.

Grant was convicted of second-degree murder in 2011, but that conviction was overturned on appeal and a new trial ordered.

Also on Thursday, Grant's lawyers read from letters sent to a former CJOB radio host in 1987. They form part of an application to introduce a theory suggesting someone other than Grant could have killed Derksen.

The application is part of a voir dire in which the judge hearing the case will determine whether the "third-party suspect" theory will be admissible in this trial.

THE CANADIAN PRESS



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IN BRIEF

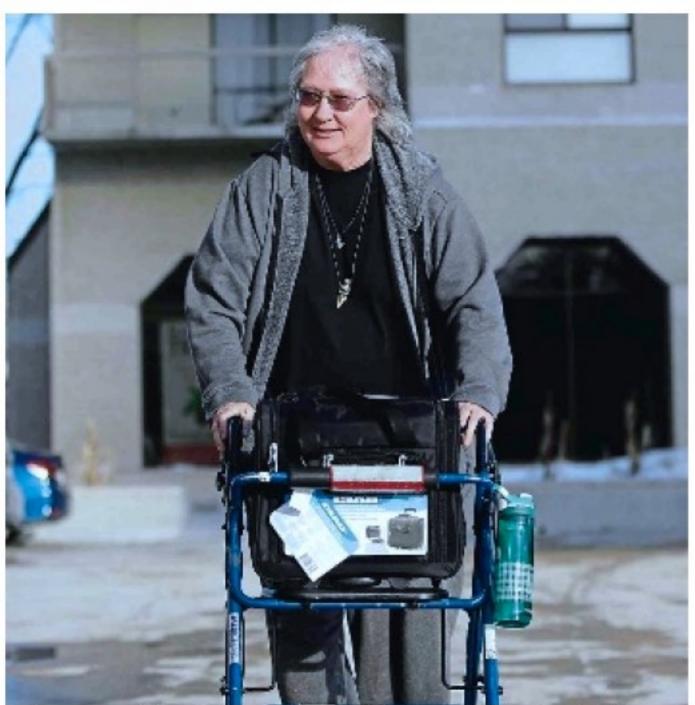
City to pay \$2.2M for design of trail extension

The city plans to pay a consultant \$2.2 million to design what's been ranked as Winnipeg's third most important infrastructure project.

MMM Group Limited has

been awarded the contract to complete the preliminary design for the extension of Chief Peguis Trail, which will be a new stretch of road that runs west from Main Street to Brookside Boulevard.

STEPHANIE TAYLOR/METRO



Rosie O'Connor, who's participating in the Women's March on Washington, is ready with her walking gear at her home in Winnipeg Thursday, LYLE STAFFORD/FOR METRO

From Winnipeg to Washington

ON ACTIVISM!

women's march



Michelle Bailey For Metro | Winnipeg

Winnipegger Rosie O'Connor has her bags packed and voice tuned up as she prepares to hop a plane to take part in this Saturday's Women's March on Washington.

The 63-year-old retired children and women's rights advocate says she is still "shaken up" by the fact president-elect Donald Trump beat out Hilary Clinton in last November's U.S. presidential election.

"When it became clear he had won, I was completely devastated," O'Connor said. "Most

days, I still can't believe it." The mother and grandmother is meeting with

female family members who live in various parts of the Rights advocate to take part in

States. Together they will join thousands of others who will gather for the march being held the day after Trump is States. Together they will join sworn in as the 45th President of the United States.

The motivation behind the march is to send a message to

the new administration that women's rights, regardless of race, ethnicity, religion, immigration status, sexual identity, gender expression, economic

status, age or disability must be recognized.

"It's too late to do anything about the fact that he won the election," she said. "But it's not too late to strongly convey to Congress and other powers that be that the comments (Trump) has made about things such as getting rid of the Affordable Care Act would mean shutting down essential services for women and children."

"These lawmakers need to realize that if they move forward with these types of changes, their jobs are on the line the next time they run for re-election."

The march is one of several taking place worldwide, with the main one being held in

Washington. A march has been organized in Winnipeg for those who are not travelling south of the border. It takes place Saturday at 11:00 a.m. at

We need to put the

pressure on and

keep it on.

Rosie O'Connor

Portage Place.

O'Connor said she refused to render herself helpless after the election and believes the march is just the beginning of a "civil rights movement bigger than anything we've ever seen before."

"The march is not going to be just a one-day thing," she said. "We need to put the pressure on and keep it on."



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Making it with Metro

CREATIVITY

Artist finds success with newspaper collage artwork



Yvette d'Entremont Metro | Halifax

A Dartmouth-based collage artist who turned daily free newspapers into an art career is officially opening her studio this weekend.

About two and a half years ago, Rhonda Barrett was pregnant, teaching yoga and making very little.

"It was a case of you need money to make money," she recalled.

She was always interested in the arts, but had never considered it as a career. Barrett lived in Halifax at the time and often found herself at the Halifax North Memorial Public Library.

"The Metro is outside and I'd always go and get the newspaper each day. After a month I had this stack of paper," she recalled.



Rhonda Barrett is a collage artist. JEFF HARPER/METRO

"I looked at it one day and I thought 'Paper! It's free!' I went to the dollar store. My first canvas was a 16x20 from the dollar store."

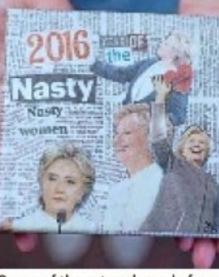
Barrett's first newspaper collage piece was inspired by Roxy D'Lite, her favourite burlesque star. She posted a photo on Facebook asking her friends if anyone would consider buying it.

The response was immediate. It sold for \$150, giving her the cash she needed to purchase supplies to create more newspaper collage artworks.

In the past two years she has created more than 100 pieces, many of them commissioned. Some are famous personalities like Bob Marley and Audrey Hepburn. She's currently working on a portrait of Kurt Cobain.

Other pieces include Peggy's Cove and artworks inspired by her yoga practice, province or news of the day.

"My biggest hurdle is people look at this and from afar, they're not going to think this is newspaper. It's about bringing someone close enough where



Some of the artwork made from newspapers. JEFF HARPER/METRO

they see the texture and ask what is this made of," she said.

"If I take one and hold it up to the light, you can see the backside of the paper. All of the words and images start to come through."

She's received Artzone Gallery's award for new emerging artist and was also chosen as a finalist in the first international Nonesuch Art on Paper awards last year.

"The pieces are dated by the papers I've used ... It's kind of an interesting time capsule," Barrett said.

Trudeau holds talks on suicide strategy

Prime Minister Justin Trudeau held a closed door meeting Thursday with some leaders of Ontario's northern First Nations to discuss a national suicide strategy.

The Prime Minister reached out to Wapekeka First Nation band council member Joshua Frogg, the uncle of Chantell Fox, a 12-year-old girl who committed suicide on January 10, Nishnawbe Aski Nation Grand Chief Alvin Fiddler and Mushkegowuk Council Grand Chief Jonathan Solomon.

The chiefs were in Ottawa to hold a press conference on Parliament Hill, demanding a national suicide strategy after the deaths of Fox and her 12-year-old friend Jolynn Winter. She committed suicide first, on Jan. 8. Four other girls were flown out of the remote, First Nation 600 km north of Thunder Bay, and, another 26 students are considered "high risk" for suicide.

Wapekeka Chief Brennan Sainnawap, Chantell's grandfather, wrote to Health Canada in July to demand help and submit a mental health funding proposal, saying they feared a suicide pact among girls was present in the

community.

Health Canada denied their request.

"The first thing we raised was the urgency of the situation, the fact the community has asked for some supports which they submitted back in July and the government's need to act immediately to approve the proposal," said Fiddler after the meeting on Thursday.

Fiddler handed Trudeau a copy of NAN's declaration of a state of health emergency in their communities and those all the way to the Manitoba border, on Feb. 26, 2016.

The declaration outlined how indigenous people are dying of preventable diseases like rheumatic fever, suffering adverse effects of diabetes and lacking mental health care and addiction treatments.

The declaration called for a transformation of how healthcare is delivered to these communities, said Fiddler, who added chiefs in Manitoba and Saskatchewan agree with them.

Fiddler said Trudeau was "very receptive" to all of their suggestions but he made no commitments. TORSTAR NEWS SERVICE

Canadian adviser says

While Iraqi and coalition forces celebrate the liberation of the eastern half of Mosul, a senior Canadian military officer is admitting uncertainty over what will happen to Iraq once the rest of the city is finally freed.

"Nobody really knows what the political situation is going to look like post-Mosul, and I would suggest that includes the Iraqis," Brig.-Gen. David Anderson told The Canadian Press in an interview from Baghdad.

"It's kind of like a topic that's not discussed in great depth right now, to see how it all plays out."

Anderson leads a team of 12 international advisers inside Iraq's defence ministry whose job is to help organize the training of Iraqi forces and plan operations.

Since October, much of his team's attention has been on the battle for Mosul, the country's second-largest city and the location where Daesh declared its caliphate in 2014. THE CANADIAN PRESS

Iraq's future unknown, Youth forging a path toward reconciliation



Cara McKenna For Metro

When Adina Williams of Squamish Nation was in Grade 10, she was asked to introduce her community's territory before a graduation ceremony in North Vancouver.

It was her first time speaking in public, but people were so thankful for her presence at the event that it launched many other opportunities for Williams to educate people about

her nation. Since then, the twenty-year-old Williams has since been an informal youth ambassador for her community, speaking about reconciliation at several high schools and events. She's even led professional development sessions for teachers and administrators as part of a wider push to incorporate Indigenous learning into mainstream education.

It's often not comfortable or easy to break long-standing barriers, but Williams is one of the way. many Indigenous youth who are stepping forward to lead



Adina Williams JENNIFER GAUTHIER/METRO

"Reconciliation and this kind of work is so important to me,

because I recognize that these are opportunities that my parents didn't have," said Williams, who is an intergenerational survivor of the residential school system.

In the past several months, Williams has facilitated reconciliation workshops with young people in Vancouver as part of a new role as a youth leader with a charity organization called Canadian Roots Exchange.

She has also been recognized at the University of British Columbia, where she's working towards going to medical school.

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Dozens die in fire

Firefighters lose lives as building falls during rescue

A historic highrise in the heart of Iran's capital caught fire and later collapsed Thursday, killing at least 30 firefighters and leaving their stunned colleagues and bystanders weeping in the

The disaster at the 17-storey Plasco building, inadvertently shown live on state television. came after authorities said they repeatedly warned tenants about blocking stairwells with fabric from cramped garment workshops on its upper floors.

Firefighters, soldiers and other emergency responders dug through the debris into the night, looking for survivors. While it was not clear how many people were in the steeland-concrete building, witnesses said many had slipped through a police cordon while the fire burned to go back inside for their belongings.

"They asked us ... using loudspeakers to evacuate the building, but some people went inside again, saying their precious documents, their bank checks, their entire life was in their shops," said witness Masoud Hosseini. "They went inside to fetch those documents. I felt like they cared about their belongings, checks and money more than their lives."

Iranian authorities did not immediately release definitive casualty figures, which is common in unfolding disasters.

Iran's state-run Press TV announced the firefighters' deaths, without giving a source for the information. Mayor Mohammad Bagher Ghalibaf said more than 20 bodies of firefighters had been recovered by Thursday night.

Local state television said 30 civilians were injured, while the state-run IRNA news agency said 45 firefighters had been injured.

Firefighters began battling the blaze around 8 a.m., some 3 1/2 hours before the collapse. The building came down in seconds, shown live on state television, which had begun an interview with a journalist at the scene.



An Iranian firefighter walks among the debris of Iran's oldest highrise, the 17-storey Plasco building in downtown Tehran. AFP/GETTY IMAGES

President Hassan Rouhani ordered Interior Minister Abdolreza Rahmani Fazli to investigate the disaster, IRNA reported.

Rouhani also ordered the ministry to ensure the injured were cared for and immediately compensate those affected by the disaster. Rouhani, whose administration struck the nuclear deal with world powers, will probably be standing for re-election in May.

Another fire broke out later Thursday at a building next to the collapsed tower, according to the semi-official Fars news agency. Firefighters worked into the night to extinguish it.

THE ASSOCIATED PRESS

Rescuers find no signs of life in avalanche-hit hotel

Rescue workers reported no signs of life Thursday at a four-star hotel buried by an avalanche in the mountains of earthquakestricken central Italy. Two bodies were recovered of the estimated 30 people trapped inside as the risk of more avalanches slowed the search effort.

Two people escaped the devastation at the Hotel Rigopiano, in the mountains of the Gran Sasso range, and called for help, but it took hours for responders to reach the remote zone on skis.

Days of heavy snowfall had knocked out electricity and phone lines in many central Italian towns and hamlets, and four powerful earthquakes struck the region Wednesday.

It wasn't immediately clear if any of the quakes triggered the avalanche. But firefighters said the sheer violence of the 300-yard-wide (300-metre) snow slide on Wednesday uprooted

trees in its wake and wiped out parts of the hotel.

The hotel in the Abruzzo region is about 30 miles (45 kilometres) from the coastal city of Pescara, at an altitude of about 3,940 feet (1,200 metres), located in the swath of central Italy between Rieti and Teramo jolted

by Wednesday's quakes, one of which had a 5.7 magnitude.

Gianluca Valensise, seismologist at Italy's national vulcanology centre, said it wasn't clear if the quakes triggered the avalanche, since so much snow had accumulated in recent days. THE ASSOCIATED PRESS

AFRICA

Troops move in to Gambia

A West African regional force charged into Gambia Thursday to support the country's newly inaugurated president, while longtime ruler Yahya Jammeh showed no sign of stepping down.

The troops moved in shortly after Adama Barrow was inaugurated at Gambia's embassy in neighbouring Senegal.

In his inaugural speech, Barrow called on Jammeh to respect the will of the people and step aside. The new president also called on Gambia's armed forces to remain in their barracks as the regional military intervention got underway.

Barrow had come to Senegal last week at the urging of West African mediators, who had feared for his safety amid the political crisis.

African nations began stepping away from Jammeh, with Botswana announcing it no longer recognized him as Gambia's president. The African Union earlier announced that the continental body would no longer recognize Jammeh.

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Donald Trump speaks during a leadership luncheon at the Trump International Hotel in Washington, DC on the eve of his inauguration. AFP/GETTY IMAGES

Trump's time arrives

POLITICS

10

Unusual new presidency is in store

Donald Trump enters the White House on Friday just as he entered the race for president: defiant, unfiltered, unbound by tradition and utterly confident in his chosen course.

In the 10 weeks since his surprise election as the nation's 45th president, Trump has violated decades of established diplomatic protocol, sent shockwaves through business boardrooms, tested longstanding ethics rules and continued his combative style of replying to any slight with a personal attack - on Twitter and in person.

Past presidents have described walking into the Oval Office for the first time as a humbling experience, one that in an instant makes clear the weight of their new role as caretaker of American democracy. Trump spent much of his transition making clear he sees things differently: Rather than change for the office, he argues, the office will change

"They say it's not presiden-

tial to call up these massive leaders of business," Trump told a crowd in Indianapolis in December. That was after he negotiated a deal with an air conditioning company to keep jobs in the state, a move many economists derided as unworkable national economic policy.

"I think it's very presidential," he declared. "And if it's not presidential, that's OK. That's OK. Because I actually like doing it."

Even before he takes the oath of office, Trump has changed the very nature of presidency, breaking conventions and upending expectations for the leader of the free world.

Advisers who've spoken with Trump say the billionaire real estate mogul and reality TV star is aware of the historic nature of his new job. He's told friends that he's drawn to the ambition of Ronald Reagan, a Republican, and John F. Kennedy, a Democrat.

But Trump also views himself as a kind of "sui generis" president, beholden to no one for his success and modeling himself after no leader who's come before. Trump has said he's read no biographies of former presidents.

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Obama cuts 330 sentences

In a last major act as president, Barack Obama cut short the sentences of 330 federal inmates convicted of drug crimes on Thursday, bringing his bid to correct what he's called a systematic injustice to a climactic close.

With his final offer of clemency, Obama brought his total number of commutations granted to 1,715, more than any other president in U.S. history, the White House said. During his presidency Obama ordered free 568 inmates who had been sentenced to life in prison.

"He wanted to do it. He wanted the opportunity to look at as many as he could to provide relief," Neil Eggleston, Óbama's White House counsel, said in an interview in his West Wing office. "He has a strong view that people deserve a second chance."

The final batch of commutations - more in a single day than on any other day in U.S. history - was the culmination of Obama's second-term effort to try to remedy the consequences of decades of onerous sentencing requirements that he said had imprisoned thousands of drug offenders for too long. Obama repeatedly called on Congress to pass a broader criminal justice fix, but lawmakers never acted.

THE ASSOCIATED PRESS



Barack Obama ASSOCIATED PRESS

Protocol for Hillary Clinton

Hillary Clinton's first major televised post-election appearance will be as a witness to a ceremony that could have been hers.

Here are a few ways Clinton can send subliminal messages to supporters, should she choose to.

1. Read my pantsuit

Bill Clinton-era secretary of state Madeleine Albright demonstrated her feelings about diplomatic encounters through what became known as "brooch diplomacy." She wore a snake pin when meeting with Iraqi officials

the same year Saddam. With Clinton's designer pantsuits, her fashion choices could transmit a statement: A black outfit might hint at a pessimistic nation in mourning. A bright outfit would say, "Hey, look at me. You can't keep a good woman down."

2. Wear a safety pin

If she really wanted to send a bold message as well as bring something tiny to the proceedings, she could wear a safety pin on her lapel. Safety pins had an illustrious turn as a post-election

political statement donned by "allies" of minorities and persecuted people. It was both held as a form of protest against a divisive election cycle and derided as a form of slacktivism.

3. Sit still, wear purple and play nice

Everyone is expecting the unexpected at this year's ceremony. Possibly the most subversive action Clinton could take is to plaster a vague smile on her face, wear purple and clap politely. TORSTAR NEWS SERVICE

TALKING WITH TRUMP SUPPORTERS

They adore Donald Trump enough that they came to Washington to celebrate his inauguration. We asked some people what they liked most about him and what they liked least. TORSTAR NEWS SERVICE

Dennis Poer, 58, painter -Champaign, Illinois

Like most? "His honesty. He doesn't put up with any of the bullcrap."

Like least? "Not yet."





David Drexler, 53, attorney — Los Angeles, California

Like most? "His willingness to avoid political correctness and state the issues the way they should be stated."

> Like least? "His comments about women I found very offensive.

Tyrus Cobb, 33, truck driver — Indianapolis, Indiana Like most? "I believe he's a man of his word."

Like least? "The only thing I would change is if he would stay off his social media."



Young activists gearing up



Amariyanna Copeny, a nineyear-old from Flint, Michigan, ended a speech on Martin Luther King Day with a knock knock joke. "Who's there?" the crowd asked.

"2044," she said. "2044 who?"

"Vote for me in 2044!" she cheered. "I'm gonna be president."

So sayeth the youngest youth ambassador for this weekend's Women's March on Washington. And I wouldn't put it past her.

Copeny is one of about 30 young people across the U.S. chosen from hundreds of applications to lead a crucial aspect of the Women's March on Washington: capacity building for progressive activism, not just over the next four years, but within the next generation.

Flint's water crisis thrust Copeny into the international spotlight after her work to raise awareness about the problem helped convince Barack Obama to visit the city (she also met Donald Trump, looking a little apprehensive, in what became a viral image).

"It's an honour to be chosen as a youth ambassador and for me to be able to use my platform to be able to do what is right and not only stand up for my community, but for kids across the country who may not know that they can use their voice, as well," Copeny said.

The youth ambassador program is run by Tabitha St. Bernard-Jacobs, a 34-year-old who says she's doing it for her twoyear-old son. These kids will be "taking over the world" one day, she told me. "They're at a point where they have questions and they want to have conversations about what's going on around them." The program is designed to amplify their voices and give them tools to be stronger activists. To that end, each ambassador is being paired with a seasoned activist to mentor them. They're being encouraged to spread the word among their peers about the Washington march and the hundreds of sister marches happening this Saturday.

Young people today are going to inherit a whole host of global crisis, from climate change and migration to morphing workforces, racial and income inequality. They also inherit a vibrant history of activism and increasing rights for all. The Women's March is a chance to recognize both.

There is something incredibly heartening, and especially respectful of diversity, in a movement that prioritizes the voices of those we often writeoff of naive, naval-gazing, and

Imagine what being a part of that incredible experience could do for future leaders. Imagine what it could inspire. Amariyanna Copeny, 2044.

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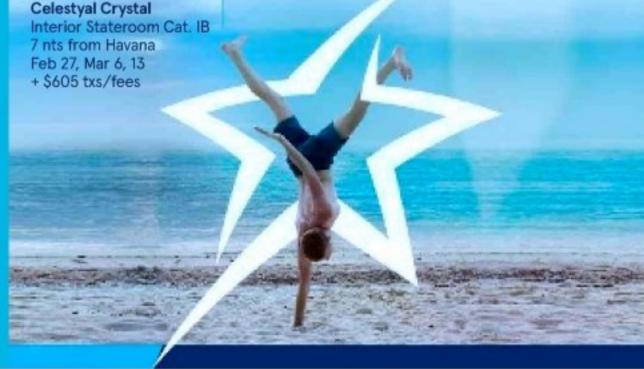
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Your essential science news

ALL WEEK: COMMENTARY AND IDEAS ON POLITICAL ACTION

DECODED by Genna Buck and Andrés Plana

WHEN SCIENTISTS TAKE A STAND

Scientists are quiet revolutionaries. Though they may sign petitions or speak out individually, they rarely throw public support behind a particular movement or cause. But they make a difference. Here are just five of the many scientists around the globe who've worked to change their fields and change the world.



PUBLIC HEALTH As editor-in-chief of the British Medical Journal, Godlee has led crusade after crusade on every public health issue, including harshly criticizing U.S. dietary guidelines and going after drug companies who don't release their



CLIMATE SCIENCE Nicholas studies how communities can protect food and water resources on a changing planet. She was spurred to action out of fear that climate scientists' knowledge base and public voice could be threatened under Trump.

Nicholas's sign at a pro-

test organized by the

Union was an online

science in 12 words,

complete with peer-

reviewed footnotes.

American Geophysical

hit: It explained climate



PARASITOLOGY Gitau develops hightech ways to tell the difference between body-fluid proteins in children with malaria and other diseases. This allows for targeted treatment and less overuse of antibiotics; a key factor behind the global superbug crisis.

Half of infections in

hospitals are never

sub-Saharan African

diagnosed. Gitau fights

for better technologies



BIOMEDICINE Krumholz has had a huge hand in the dawn of medicine's data age. He spearheaded the young field of outcomes research, investigating why some patients and hospitals, despite working with the same science, fare so much better than others.

Krumholz is a cheer-

leader for evidence,

calling on drug com-

panies and research-

clinical trial data, es-

pecially from experi-

ments that failed.

ers to publish all their



PHYSICS The late Ursula Franklin's pioneering work united chemistry and archeology to find ways to precisely date ancient artifacts. She also showed buildup of certain elements in children's teeth was the result of nuclear test fallout, spurring reform.

FINDINGS

Your week in science

MEN ARE FROM MARS.

WOMEN ARE ... ALSO

The smaller amygdala in

the same in everyone.

SOUND SMART

"the female brain," so says conventional wisdom, is why women have less sexual desire and aggression than men. But a new review of 46 MRI studies shows the organ, relative to body size, is about

FROM MARS

DEFINITION The Iron Catastrophe was a big moment for the Earth about a billion years ago. Temperature reached the melting point of iron, 1538 C. Droplets of liquid iron were pulled by gravity toward the centre of the planet, creating the magnetic core, molten middle layer and the brittle upper crust we live on today.

USE IT IN A SENTENCE Sure, your graduation day is important, but it didn't create new magnetic fields. It's

no iron catastrophe.

In November, Godlee co-wrote a fierce editorial calling on doctors to lobby to end the war on drugs and redirect resources into addiction treatment and harm reduction.

metr#

CHIEF OPERATING OFFICER, PRINT Sandy MacLeod

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

to fix this, and worked to set up research infrastructure in Kenya.

> EXECUTIVE VICE PRESIDENT, REGIONAL SALES Steve Shrout

MANAGING EDITOR WINNIPEG Lucy Scholey

search, fought for pay equity and advocated pacifists' right to opt out of having their taxes fund the military.

Franklin urged Canada

to halt biological and

chemical weapons re-

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MOVIES MUSIC TELEVISION DIGITAL



The Founder, directed by John Lee Hancock, tells the storied history of Ray Kroc and the rise of McDonald's in popular culture. CONTRIBUTED

Meat of the McDonald's story

IN FOCUS

The Founder lifts lid on fast food giant and hunger for cash

Richard Crouse For Metro Canada



Ray Kroc changed the way we eat. He didn't invent the hamburger, but has probably sold more burgers than anyone else.

He standardized food preparation, setting the template for fast food restaurants worldwide and built an empire based on two all-beef patties, special sauce, lettuce, cheese, pickles, onions on a sesame seed bun.

If you believe The Founder, a biopic of Kroc's building of the McDonald's hamburger chain, he was also a bit of an SOB.

Michael Keaton, who plays Kroc from failed travelling salesman to a millionaire whose business card reads simply Founder, says the choices his character "makes towards the end after he becomes successful are harsh, man. And nothing I would ever do. Nothing most people would ever do."

So, is he a hero or villain? That's the question The Founder asks. Does he deserve a break today for changing the way the world eats or is he a ruthless businessman to be grilled for his heavy-handed tactics?

When we first meet Kroc he's hustling a newfangled milkshake maker. Despite his slick

MOVIE RATINGS by Richard Crouse

Split **** The Founder ***

HOW RATING WORKS SEE IT WORTHWHILE UP TO YOU

pitch, his blender isn't shaking up the fast food business. Restaurant after restaurant turns him down, until a small San Bernardino, Calif., burger shack run by siblings Mac and Dick Mc-Donald (played by John Carroll Lynch and Nick Offerman) places an order for six of the machines. then ups the buy to eight.

Intrigued, Kroc travels crosscountry to check out the operation and finds a bustling restaurant pumping out good food with military efficiency.

The brothers streamlined their kitchen for maximum productivity, maximizing every inch of space to bang out burgers in under 30 seconds. Kroc, amazed, convinces the pair to allow him to franchise their ideas and name. Reluctant, they agree but with a strict set of rules to ensure quality control.

Their uneasy partnership be-

comes a powder keg when Kroc unilaterally changes how the company is run. As the company grows so does Kroc's ego and anything-to-win attitude.

Much of the way Kroc treats his business partners in The Founder is as distasteful as The Hula Burger, his famous and failed foray into vegetarian cookery. He double deals, goes behind their backs and worse, tampers with some of their recipes.

Keaton does a great job of slowly revealing Kroc's duplicity and dive into self-indulgence as he transforms from failure to success. His natural charisma and flair — He's Batman! He's Mr. Mom! He's Beetlejuice! brings with it a familiarity that makes sense when telling the story of one of the best known brands on earth.

As an actor Keaton brings us on side as he effectively portrays Kroc's descent into amorality and callousness.

Like the operation that caught Kroc's eye, the film is efficient, wasting no moves in the telling of the tale. It's a classic story of persistence and greed and director John Lee Hancock gets right to the meat of the story.

As much as the film is about the U.S.'s 1950s growth spurt, it is also a portrait of the kind of never-say-die spirit that evokes the very best and worst of the American Dream.

On film Kroc is insufferable, a ruthless conniver who grabbed the gold ring, or, in this case, golden arches. Is he a good guy or scoundrel? Depends what side of the sesame seed bun you place the special sauce on.

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Nick Offerman, right, relished the chance to team up with character actor supreme John Carroll Lynch as the McDonald brothers in John Lee Hancock's The Founder. CONTRIBUTED

An offer just too tasty to turn down

INTERVIEW

Actor quick to bite on Founder role — but hold the fries please

Steve Gow For Metro Canada



Nick Offerman isn't exactly a fan of the world's biggest fast food franchise yet he jumped at a chance to star as one of the original architects of McDonald's.

"It didn't take much," admitted the comic-actor recently, recalling the offer to star opposite Michael Keaton in acclaimed director John Lee Hancock's The Founder. "I mean, we could've been doing the life story of Hitler and I would've been, well, I love those artists and if they're on board, there must be something to it."

Essentially an origin story about the ubiquitous burger chain, Offerman plays one of the McDonald brothers that invented the notion of fast food with their California drive-in — until a milkshake mixer salesman named Ray Kroc convinces them to expand with a burst of franchises.

Under his leadership, McDonald's explodes but their earnest upstart transforms into a monopolized machine at the brothers' expense. "I knew a lot of the story

points already (but) what I didn't know were some of the personal narrative details of the actual McDonald brothers," said Offerman.

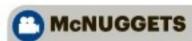
"It's so humanizing to learn that these two hard-working guys actually invented this way to cook food. It's an institution, it's always been around so you never think that somebody had to actually weld up those ketchup dispensers."

Offerman also delights that the opportunity allowed him to star as sibling to longtime character actor John Carroll Lynch who may be Hollywood's most recognizable unknown star.

"For me, he inhabits my legendary character actor file drawer," explained Offerman of the man behind memorable roles in everything from TV's Walking Dead to movies like Shutter Island.

"I haven't said his name to anybody where they haven't given me a blank look. But I say look him up, you've seen him and you love him."

That anonymity is an attribute Offerman treasures himself. While recognition has certainly expanded since breaking out as deadpan Ron Swanson on TV's Parks and Recreation,



Not a fast food fan

"Capitalism has had a great deal of success," said Offerman who admits he's not a fan of McDonald's and the hazards of unknown food sources. "We're all learning it's wonderful to have these great luxuries like fast food (but) what's the real cost of all of these treats that we love so much?"

On finding success late in his career

"Despite how cute I think I am, I think I probably would've been a pretty big f— up if I had something successful like Parks & Recreation in my twenties," giggled Offerman. "You never know, maybe I would've been a great and wise leader, but I doubt it."

the 46-year-old actor remains happy to bask in the shadow of fame.

"There's pros and cons to both sides," laughed Offerman. "John Carroll Lynch and Nick Offerman can walk through airports and you'll get stared at and some people will stop you for a photo. But George Clooney can't even walk through an airport."

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Shyamalan twists and xXx turns

A bit more about movies opening this weekend

Split (starring James) McAvoy, Betty Buckley, Anya Taylor-Joy; directed by M. Night Shyamalan; 116 minutes; 14A) -A plot twist can never zolt an audience as hard when they're waiting for it. And since his 1999 classic The Sixth Sense, no one's been under twist surveillance like M. Night Shyamalan. The core mystery of Split surrounds James McAvoy, a captor living with extreme(ly fictionalized) Dissociative Identity Disorder who keeps teenage girls in a DIY dungeon. In the heart of awards season, it's refreshing to see an actor let his freak flag fly as high as McAvoy does in Split.

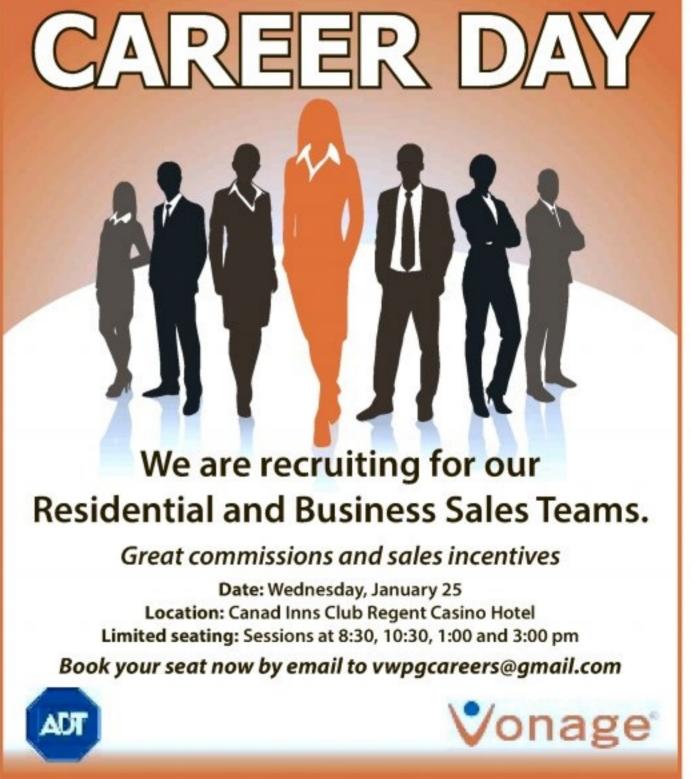
2 xXx: Return of Xander Cage (starring Vin Diesel, Donnie Yen, Deepika Padukone; directed by D.J.

Caruso; 107 minutes; PG) — It's been 15 years since Vin Diesel first played Xander Cage in the deeply silly first xXx, and he hasn't grown up a bit. The comebackthrowback doesn't dare stray from the original, with its cheerfully senseless set pieces, witless quips and an X Games esthetic that will take you on a snowboard ride back to the radical, tacky '90s.

The Skyjacker's Tale (directed by Jamie Kastner; 75 minutes; 14A) - This ambitious documentary by Toronto writer/director Jamie Kastner teases out a mystery about Ishmail Muslim Ali that continues to fascinate, decades after he made international headlines in connection with two outrageous crimes: a mass murder and an aircraft hijacking. TORSTAR NEWS SERVICE







Revenge tale has a natural, gritty feel

INTERVIEW

Story follows seal hunter on his rescue of daughter, wife

Shooting an Inuit thriller in the frozen Canadian tundra has myriad challenges.

But that's where veteran director Zacharias Kunuk finds his inspiration and passion, and where he returned for his revenge tale Maliglutit (Searchers).

Kunuk rattles off the frigid hurdles he faced while filming in Igloolik, Nunavut in March 2015 - lots of sheepskin was on hand to wrap precious camera and audio equipment, he says.

His actors braved 10-hour days in temperatures as low as -45 C, he adds, and the "indoor" shoots offered only modest relief; they took place in igloos where temperatures hovered around -20 C, says Kunuk.

All par for the course for the celebrated filmmaker, whose resume of dramas and documentaries largely take place in and around his Northern home and offer a rare glimpse into the history of this remote region.

His latest Inuktitut-language feature centres on the abduction of two women by a group of murderous outlaws. Seal hunter Kuanana discovers his parents beaten, his son killed and his wife and daughter gone. He sets out with his grandson Siku to rescue them.

Kunuk says he was partly inspired by the old Westerns he watched as a teen, including John Ford's classic The Searchers.

But while that 1956 film centred on an overtly racist cowboy's quest for revenge when his niece is abducted by Comanche Indians, Kunuk casts Inuit characters as both the heroes and the villains.

"We used that model but we turned it into our own style," says Kunuk, best known for his 2001 drama Atanarjuat: The Fast Runner, a mythological epic that won the Camera d'Or at Cannes. "We must make this film our way."

That included every effort to make sure Inuit culture was represented accurately.

The broader crew included carvers, seamstresses, Ski-Doo mechanics and hunters, the last group tasked with building igloos just as they would have been constructed in Nunavut circa 1913.

"We have an elder who is the designer so she knows exactly where to put things. So after our art designer goes through the set, we come in and place the camera and start acting."

It all lends to a gritty naturalness that extends to the performances, largely delivered by a cast of first-time actors. If there's a documentary feel to it that's not by accident, Kunuk acknowledges.

"Everything we do has a documentary feel to it," the 59-yearold chuckles. "One-hundred years from now when we're gone, these films will be alive." THE CANADIAN PRESS





Actors braved 10-hour days in temperatures as low as -45 C to make the Inuit thriller Maliglutit (Searchers). CONTRIBUTED



DESCRIPTION OF STREET PARTY OF STREET PARTY OF STREET

'The long search for knowledge'

METRO ACTIVISM!

Documentary charts historic rise and rise of black education

Richard Crouse



back for the most sweeping

view possible. "I am really interested in telling the stories of institutions rather than stories of dynamic individuals," says Emmy Award winning documentarian Nelson. "To me that is a more intriguing way of telling history."

As the title suggests his new film, Tell Them We Are Rising: The Story of Black Colleges and Universities, is another doc that turns a macro lens on its subject. A wide ranging look at how Historically Black Colleges and Universities, or HBCUs, have helped shape the societal and cultural history of America for the last 170 years, it's a detailed account of the establishment of schools for African American students.

"As a filmmaker there were these incredible resources," he says, "stills, film, diaries and letters that existed in black colleges, that generally hadn't been used."

But there is also a personal side to the story.



Tell Them We Are Rising: The Story of Black Colleges and Universities charts the establishment and impact of schools for African American students over the past 170 years. CONTRIBUTED

"My parents both went to black colleges," he says. "They both went to school in the 1930s and that was the only option they had. That option changed my life, my sibling's lives, my kids' lives, and their kids' lives. Generation after generation will be changed because my parents had the opportunity to go to college."

Research for the documentary, which makes its Canadian premier at the Toronto Black Film Festival on Wednesday, Feb. 15, began several years ago and encapsulates a wide swath of history.

"We start the film during slavery," he says. "Not only was it illegal for black people to learn to read and write, it was il-



legal for a white person to teach a black person to read or write. That was against the law. There was punishment for teaching slaves to read and write.

"The film started there and follows this incredible long search for knowledge in the African American community that goes through black colleges and goes through to today."



Not only was it illegal for black people to learn to read and write, it was illegal for a white person to teach a black person to read or write. It was against the law.

Stanley Nelson

In recent years several HB-CUs have flourished while others struggled.

"The universe for black colleges has changed in the last forty years or so," he says. "Before, these were the only places, pretty much, where black students could go if they wanted to get a higher education.

"Just as importantly they

were the only places black professors could teach. After integration and now, to a certain degree, if you've gotten great marks in school and are at the top of your class you have options as to where you go to school. If you are a professor at the top of your profession in your chosen field you can

teach at Howard or at Harvard

where there are greater resources, greater prestige and you're getting paid more.

*There are choices now. Not to say that is bad in any way, but it has exacted a toll on black colleges and universities."

Still, Tell Them We Are Rising asserts HBCUs have an important place in higher education.

"We try to say that there are still reasons why any given student might choose to go to a black college or university. One of them is that it is a safe space. It is a space where you are not looked at as one of a kind. As one girl says, 'Movements are launched on black campuses,' because it is a place of people of like minds."

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Fanciest cheap eats in the world

For \$2 and 2.5 hours, you can get a Michelinstarred meal

David Bateman

For Torstar News Service

I might have started a black market.

There's hundreds of food stalls at Chinatown's hawker complex and only one is busy.

The fantastically literal Hong Kong Soya Sauce Chicken Rice and Noodle sells the world's cheapest Michel-

in-star food, starting at \$2 SGD (\$1.92 CDN). Less than a box of Timbits.

The wait was 45 minutes before Michelin's first Singapore guide launched in July. Parched, salivating cus-

tomers now wait 2.5 hours.

As perplexing as chefs dreaming of acclaim from a tire company seems, a star is a culinary Academy Award and eating Michelin food is on many bucket lists.

Most other hawker stalls close at around 4 p.m., when chef Chan Hon Meng turns customers away because he's out of food.

Two plates of food and a bowl of soup at Hill Street Tai Hwa Pork Noodle

costs less than \$10, the second cheapest Michelin star meal in the world. At Hong Kong Soya Sauce Chicken and Rice (left and top right) you can get a dish for less than \$2. ALL PHOTOS DAVID BATEMAN/FOR TORSTAR NEWS SERVICE

That's a problem for me at 3:45 p.m. As always, I'm late, and I leave Singapore the next day. Mission impossible? I've no Tom Cruise smile to flash, only crooked fangs and a broad Scottish accent.

Truthfully, creating a black market was accidental. A Singaporean who translated for me realized she ordered tience of a hungry cat watchfar too much food. For a few bucks, I bought her (un-

touched, I'm no animal) left-

At Hill Street Tai Hwa Pork Noodle, the only other Michelin-starred food stall, I go straight and wait in line for the dry minced meat noodles dish and a bowl of soup. Cost: less than \$10 CDN.

It's tough. I have the paing its owner struggling with a tin of tuna.

My feet ache and I lose a good shirt to sweat.

The lineup is more subdued than Texas barbecue hot spots, but Singaporean couple Mevlyn Chew and Andy Teo kindly talk me through the threedish menu.

I ask what makes Tai Hwa more special than hawker

TRENDING

Casual fare

While the powers that be at Michelin are still awarding stars mainly to high end restaurants, these aren't the only cheap eats to make the list. Last year, Michelin's Tokyo guide featured a \$14 ramen noodle bar.

> douses noodles, adds meat, plates it, and begins the next masterpiece.

Hours of waiting and commotion end at the smack of cafeteria trays on plastic tables. Good food creates silence. Necks hunch. Thumbs go up, mouths preoccupied. Neanderthal grunts ensue.

At Tai Hwa, comforting noodles mingle with crispy pork. A tiny piece of fragrant fish overwhelms my mouth.

Chicken glistens at HKS-SCRN, the cheaper acronymdeficient stall where I barely waited. The meat is slick, not greasy. Bouncy yet delicate. Salty soy animates the crispylined pork edges and chicken

Ignoring a few hungover life-saving bacon rolls, both stalls are the best sub-\$5 food I can remember.

The experience, foot blisters and all, transcends the camaraderie of sharing food.

It forces international strangers to share the wait, too, and maybe even some leftovers.

David Bateman is a Scottish writer.

stalls offering national dishes?

"Every time, the minced meat noodles is the same."



Buy 1, Get 1

says Chew.

"We go to other stalls be-

you remember it.

and rival KFC.

cause we need to eat. This one,

Hong Kong Soya Sauce

Chicken Rice and Noodle will

need a better acronym than

HKSSCRN if local media re-

ports are true that Meng wants

to sell his recipe for \$2 million

Meng proves elusive, in-

advertently hiding between

bars of golden brown chickens

and red pork drying on hooks.

He's earned every wrinkle on

his forehead, working 17-hour

tiredness watching Meng and

Tai Hwa's octopus-chef. He

sieves noodles, adds sauce,

tosses noodles to water, pivots,

I feel silly complaining of

at Valentin Perla Blanca in Cayo Santa Maria

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On the "free-range art highway" of U.S. Hwy 95 you can see the International Car Forest of the Last Church. JENNIFER BAIN/FOR TORSTAR NEWS SERVICE

Junkyard highway

NEVADA

Art imitates life here — or is it the other way around?

Jennifer Bain

Torstar News Service

There's art, freaky and free, strewn across the Nevada desert. Looping back to Vegas after a spin down the Extraterrestrial Highway, I made time for three down-to-earth, "free-range-art" moments.

Supposedly you can see the International Car Forest of the Last Church from the highway in Goldfield, but as you drive through the south end of the no-longer-booming mining town — where furniture, appliances and vehicles adorn yards — it's tough to know if life is imitating art or if art is mimicking life.

Veer off-road and drive toward the big blue upside down bus. There's a small sign that declares this place "the world's largest national junk car forest" and cryptically adds: "ARTIST's PLAY GROUND & ATV Park, with Ultra light runways."

Ponder the meaning of that while wandering among 40-odd grafittied and painted junk cars mostly planted nose first in the desert. That's all the information you'll get because creator Michael "Mark" Rippie was last seen in federal prison on firearm charges, and artist Chad Sorg moved away.

If you are lucky, like I was, it will be a slightly unnerving, solitary experience with only Joshua trees, lizards and braying donkeys for company in a cellular dead zone surrounded by rusted cars and random busted appliances that may be cheekily abandoned or may also be art in this car forest.

It's presumably no accident that the Goldwell Open Air Museum, with its signature ghostly version of The Last Supper, is right beside the ghost town of Rhyolite. This art destination dates back to 1984, when Belgian artist Albert Szukalski was compelled to create a sculpture west of Beatty near California's Death Valley. The story goes that Szukalski wrapped human models in plaster-soaked fabric and posed them just like Christ and

3

If you are lucky, like I was, it will be a slightly unnerving, solitary experience.

his disciples in Leonardo da Vinci's The Last Supper painting. The models slipped out, the artist coated the rigid figures with fibreglass and here we are millions of tourists later.

Seven Magic Mountains is a magnet for the Vegas selfie crowd, but the presence of bikers who whip down S. Las Vegas Blvd. past Jean Dry Lake by the dozens is an unexpected bonus. Swiss artist Ugo Rondinone's stacks of limestone boulders painted with fluorescent colours are so hot that this free-range-art scene must post warnings to not "climb on, move, dislodge or disturb" the art. Yeah, try telling that to the clan in matching pink "Be awesome today" t-shirts positioning for that perfect photo.

Jennifer Bain was hosted by Travel Nevada, which didn't review or approve this story.



Europe on \$5 a day, 60 years later

Guidebook creator talks transforming travel industry

This year the legendary travel guidebook writer Arthur Frommer celebrates 60 years since the publication of his 1957 book, Europe on \$5 a Day.

His message of authentic bargain travel encouraged average people - not just the wealthy - to vacation abroad.

How did the brand begin?

While in the army overseas, I was always struck by the fact that my fellow GIs did not travel. They were scared to travel. They were worried about how you would pay for various items. What currency would you use, where would you live at night, and I decided to do a guidebook.

You returned to New York



Arthur Frommer with his daughter Pauline, who now runs the **business.** PETER MORGAN/THE ASSOCIATED PRESS

to practice law but decided to write another guidebook for civilians.

During a one-month vacation, I returned to Europe and I went running to 15 different European cities, getting up at 5 a.m. in the morning, hitting the streets, going from one guest house to another, from one lowcost restaurant to another, and I then wrote a book called Europe on \$5 a Day.

What was the impact?

In the 1950s, most Americans had been taught that foreign travel was a once-ina-lifetime experience, especially travel to Europe.

They were taught that they were going to a wartorn country where it was risky to stay in any hotel other than a five-star hotel. It was risky to go into anything but a top-notch restau-rant. ... And I knew that all these warnings were a lot of nonsense.

THE ASSOCIATED PRESS

Beauty pageant of the sea

As the story goes, the training ship Amerigo Vespucci was sailing the Mediterranean in 1962 when the U.S. aircraft carrier Independence spotted it and radioed: "Who are you?" Came the reply: "School ship Amerigo Vespucci, the Italian Navy." The Independence answered: "You are the most beautiful ship in the world."

Tall ships sometimes come with tall tales, and whether that one is true may be lost to history. What's not in dispute is that the venerable three-masted frigate is a handsome piece of work and just one of dozens of majestic ships that will be sailing North Atlantic waters this summer, visiting ports along the St. Lawrence River for weeks and gathering en masse in Quebec City July 18-23.

Early planning may pay off because hotel rooms are likely to be hard to come by close to the event. THE CANADIAN PRESS



Amerigo Vespucci. THE ASSOCIATED PRESS FILE



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Big Ben: I don't meet Brady's 'gold standard'

NFL PLAYOFFS

Roethlisberger, Steelers look to down Patriots for AFC title

Ben Roethlisberger intended for the moment to be private. The camera following him to midfield and the microphone tucked inside Tom Brady's shoulder pads ended up making that impossible.

Their brief exchange before Brady and the New England Patriots visited the Pittsburgh

Steelers in October provided a snapshot into a rivalry that never was. They bro-hugged. They lamented trying to slay them. the left knee injury that forced Roethlisberger

out the lineup on that warm late fall afternoon.

And then Roethlisberger made an uncharacteristic request: a signed Brady jersey to hang on the wall in Roethlisberger's home office next to Hall of Famers Dan Marino. John Elway and Jim Kelly.

"I consider him one, if not the best of all time," Roethlisberger said.

A group Roethlisberger does

not include himself in.

Not even with as many championships as Brady's longtime friend and occasional foil Peyton Manning (two). Not even with a spot in the top 10 in just about every major statistical category out there on Roethlisberger's still growing resume. Not even with a bust in Canton one day alongside Brady and the rest of the guys whose jerseys adorn the walls of his home almost assured regardless of what happens in Sunday's AFC title game.

The reason is simple: rings. Brady has four, including two

he earned while carving a path through the playoffs that included victories in Pittsburgh in 2001 and 2004. Roethlisberger has two, neither of which required Roethlisberger or the

Steelers to take out Brady along

They are the

dragon. We are

Ben Roethlisberger

It's why Roethlisberger just shakes his head when asked if he's part of the "gold standard" label that he so eagerly attaches

"Not as (his) level," Roethlisberger said. "Obviously, with all the Super Bowls he has."

This weekend provides Roethlisberger his best — and maybe his last — chance to do to Brady



Steelers quarterback Ben Roethlisberger calls Tom Brady "one, if not the best of all time." JUSTIN K. ALLER/GETTY IMAGES

what Brady has done to so many others over the last 16 years. Even if the last thing Roethlisberger wants to do is get pulled into the "star quarterback vs. star quarterback" narrative that fuelled so many showdowns

between Brady and Manning through the years.

"It's obviously bigger than the two of us," Roethlisberger said. "I know he is used to it, with the Peyton Manning and Tom thing. This is two football

teams that have won championships. Us going against each other is more than just one man. We aren't playing tennis. We are going out there to play a football game with 11 guys at a time." THE ASSOCIATED PRESS

NFL PLAYOFFS

Leaky pass Ds to be put to the test

The Green Bay Packers' blueprint to slow down Atlanta in the NFC championship game focuses on turning the high-octane Falcons into a one-dimensional offence.

It sounds simple. But it could be tough to execute for the Packers with their injury issues in the secondary. It's tough enough to contain All-Pros Matt Ryan and Julio Jones with a healthy defence.

Linebacker Clay Matthews is eager to take on the next test when the Packers visit the Georgia Dome on Sunday.

The Packers' pass defence was ranked 31st out of 32 teams. The Falcons were 28th.

"That's ultimately what we strive for each and every week," Matthews said about slowing down Atlanta's fifth-ranked rushing attack to create favourable pass-rushing situations. "It's about stopping the run and getting after the quarterback."

The Falcons' own leaky pass defence will also be stressed.

Green Bay's Aaron Rodgers has been nearly unstoppable of late, with 21 TD passes and one interception over an eight-game winning streak.

"We love a challenge," Falcons cornerback Robert Alford said when asked if he was insulted by predictions of a high-scoring

Atlanta beat Green Bay 33-32 in Week 8. THE ASSOCIATED PRESS



It's about stopping the run and getting after the quarterback.

Packers LB Clay Matthews

Stenson showing no signs of rust

Henrik Stenson had just chipped in from 30 yards for a fourth birdie in his first five holes of 2017 when he turned to his caddie and delivered another example of his renowned dry humour.

"Must be all that short-game practice I didn't do," the No. 2-ranked Swede said, deadpan as ever.

With eight birdies in a bogeyfree and trouble-free opening round, Stenson — who spent more time on the ski slopes



Henrik Stenson **GETTY IMAGES**

in Utah than hitting golf balls during his short offseason — shot an 8-under 64 to take a twostroke lead on Thursday at Abu Dhabi HSBC Cham-

pionship. A group of four players were in second with rounds of 66. THE ASSOCIATED PRESS



AUSSIE OPEN

Another year, another third round for Raonic

Third-seeded Milos Raonic of Canada maintained his record of reaching the third round all seven years he has contested the Australian Open.

The Thornhill, Ont., product saved a set point in the third before beating Gilles Muller 6-3, 6-4, 7-6 (4) on Thursday.

The win advanced Raonic to a third-round match against No. 25 Gilles Simon.

Tancredi, defender/ striker Rhian Wil-

THE CANADIAN PRESS

SOCCER

Women's national team vets retiring

Tancrediscored

27 goals in 124

games for the

national team.

Three veteran members of Can-

team will make their final appearance with the team in a Feb. 4 game against Mexico at BC Place Stadium.

Striker Melissa kinson and defender Marie-Eve Nault officially announced

their retirements at a news conference Friday in Vancouver.

All three players were memada's national women's soccer bers of the Canadian team that

won back-to-back bronze medals at the London and Rio de Janerio Olympic Games.

Tancredi, 35, and Wilkinson, 34, will both be available to play in the friendly against Mexico. Nault, 34, will be in

attendance at the match but not in the lineup. THE CANADIAN PRESS

MAKE IT TONIGHT —

Decadent French Toast Nuggets with Lemon Ricotta





A crusty baguette over sliced bread makes this classic breakfast a million times better since it's soft oozes creamy ricotta filling.

Ready in 30 minutes

Prep time: 20 minutes Cook time: 10 minutes Serves 4

Ingredients

For the French Toast:

- 1 multi-grain baguette loaf
- 5 eggs 1 cup milk
- 1 tsp real vanilla extract
- 1 Tbsp cinnamon
- 1/8 tsp allspice
- butter 1 pint blueberries
- For the Ricotta Filling: 1/2 cup ricotta cheese
- zest and juice of 1/2 lemon
- 2 tsp sugar

Directions

- 1. Slice baguette into 1-inch pieces and then cut a pocket horizontally through the side into the centre of the slice. In a mixing bowl, whisk eggs, milk, vanilla, cinnamon and all spice.
- 2. In a separate bowl, mix the ricotta, zest, juice and sugar.
- 3. Using a teaspoon, fill the pocket of each slice of baguette then place pieces into a 8x8 inch baking pan and pour the egg mixture over the bread. Allow the bread to soak for 10 minutes.
- 4. In a large skillet, melt the butter over medium heat then lay down your soaked baguette pieces. Allow each side to cook until golden brown, about 3 to 5 minutes each side. Repeat until you've completed all the slices. Serve with maple syrup

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ACROSS 11. Coffee mug part 4. Heaves 9. Taj__ 14. Tip to 'meter', as per mileage 15. Earth tone 16. "Saying it ___ thing, doing ... " 17. Brothers-founded movie studio, The Company British actress Ms. Swinton 20. Tepid Drips in the hosp. 22. Ankle bone 23. Three-horsed Russian carriage 26. Pyramids place 27. Alanis Morissette hit: 3 wds. 31. Rebelled 32. Christian denomination, e.g. 33. "Yes." in Paris 36. "Up and _ '_ |" (Rise and shine!) 37. Himalayas land 39. Wrongdoing, in law 40. Sydney is this Australian state's cap. 41. W.B. Yeats land 42. Lyric†poems 44. Televised sports feature first used by Hockey Night in Canada in 1955: 2 wds. 47. Be silent, in music 49. Push through a crowd 50. Star Trek: The Next Generation secondin-command 51. Tree-of-acoms 52. Lettered gro-

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getter in showbiz, often: 2 wds. 12. Down ___ (Where escalators go) 13. Smallest in quantity 18. There's not any space left: 2 wds. 24. 'Humor' suffix 25, "Understood.": 3 wds. 27. Currency in China 28. Selects 29. Copycat 30. Tailed toy flyers 34. Fertilizer component 35. _-bitsy 38. George's lyricist brother 39. Illuminated with potlights, perhaps 41. Bruce Springsteen & The __ Band 43. Collared companion 45. "I___ Know" by Marc Anthony 46. Subway payments 47. Barter 48. Broadcaster 51. Norwegian city Namesakes of Mr. Gray of botany 54. Jeanne d'Arc, 57. Actor, Jason __ 58, Items-onpaper, e.g.

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

cery stores

Aries March 21 - April 20 There's no question that secret love affairs are taking place for some of you. Perhaps you have a secret crush on someone, because you have strong and intense feelings that you are keeping private.

Taurus April 21 - May 21 You have strong feelings for a friend today. In fact, the friend might become a lover. Either way, this friendship is important to you.

Gemini May 22 - June 21 People admire you today, especially people in power. This is why a romantic relationship might begin with a boss or someone in a position of authority.

Cancer June 22 - July 23 A romance with someone from another culture or someone who is "different" might begin for some of you today. Others will feel passionate about taking a trip somewhere. (It's important to you.)

Leo July 24 - Aug. 23 Romantic relationships will be passionate now. In fact, you will feel intense about everything you do today!

Virgo Aug. 24 - Sept. 23 You feel strong affection for close friends and partners today. This might even be a wakeup call for some of you, because you might not have realized the depth of your feelings.

Libra Sept. 24 - Oct. 23 You might develop a romantic relationship with a colleague today. Others will use this same energy to try to make their workspace more attractive. You want to improve things.

Scorpio Oct. 24 - Nov. 22 tic day for your sign. If you are in a romantic relationship, this is the day for a date. Artists will be creative and productive.

✓ Sagittarius Nov. 23 - Dec. 21 You will be eager to make improvements at home today, especially through redecorating projects. Some of you will explore realestate opportunities as well.

Capricorn Dec. 22 - Jan. 20 Today something will happen to make you appreciate the beauty in your surroundings, as well as the affection that you encounter on a daily basis in your world. What a blessing.

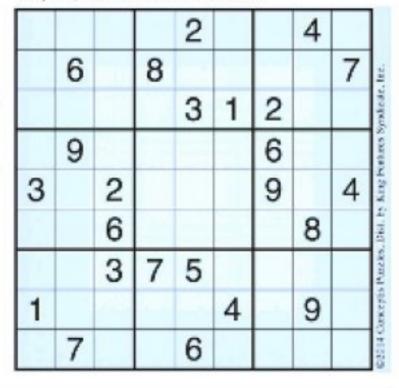
Aquarius Jan. 21 - Feb. 19 Trust your moneymaking ideas today, because they might be excellent. If shopping, however, you might feel obsessed about buying something.

) Pisces

Feb. 20 - March 20 This is a good day to look in the mirror and ask yourself what you can do to improve your appearance. You also might buy something to wear that you really like!

CONCEPTIS SUDOKU by Dave Green

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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